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What encouraged you to join the military and/or enter into civil service?

I was encouraged by the Air Force's support to engineering academics. I received an engineering ROTC scholarship to attend the University of New Hampshire that would culminate in a commission into the Air Force.

What do you feel is the most important attribute a leader should possess?

There are many attributes that a leader should possess, but one of the most important is to listen twice as much as you speak.

As a leader, how do you encourage your team to accomplish their mission?

The first, is to understand the mission set and ensure everyone knows their role in mission accomplishment. Then, identify constraints and key processes to accomplishing the desired goals. Once those items are known, move your leadership team into the plan, lead, organize and control phase of the operation.

Did You Know?

Thailand or Prathet Thai, meaning "land of the free," is the only country in Southeast Asia that has never been colonized by Europeans.



Queen Lili'uokalani



Queen Lili'uokalani was born Lydia Kamakaeha on Sept. 2, 1838, in Honolulu. In 1874, her brother David Kalakaua became king while she became the heir presumptive. Upon King Kalakaua's death in January 1891, Lili'uokalani ascended the throne, becoming the first woman ever to occupy it. Due to a military-backed coup in 1893, disposing Lili'uokalani because of her effort to strengthen the power of the monarch, where Euro-American Business elites

held disproportionate power, Hawaii became a republic in 1894. Lili'uokalani relinquished her throne in 1895, but unrelentingly appealed to President Cleveland for reinstatement, without success. Queen Lili'uokalani published Hawaii's Story by Hawaii's Queen and composed "Aloha Oe," a song for her love of the islands. She wrote over 160 songs and chants throughout her life.

Quote of Week

"Success isn't about the end result, it's about what you learn along the way."

-Vera Wang

Recipe of the Week

Japchae is a sweet potato starch noodles stir fried with vegetables and meat, one of best-loved dishes in Korean. You'll be a star at any potluck event!

1. Soak 2 shiitake mushrooms in warm water for 2-3 hours.
2. Prepare a bowl of sauce consist of 4 tbsp. soy sauce, 2 tbsp. sesame oil, 2 minced garlic cloves, 1 tbsp. sugar, and a handful of grounded black pepper.
3. Mix 4 oz. of sliced beef and sliced shiitake mushroom into a bowl with 1 tbsp. of prepared sauce.
4. Blanch 4 oz. of spinach for 1 min. Remove and place into ice water and squeeze out excessive water. Cut spinach in halfm add to a mixing bowl with 1 tsp salt, 1 tsp sesame oil, and 1 minced garlic clove.
5. Place 4 oz. of sweet potato noodles in boiling water for 1 min, then simmer for another 7 min with a closed lid. Drain and add to mixing bowl with spinach. Add remaining prepared sauce into the bowl.
6. Slice 1 carrot, 1 onion, 1 red bell pepper, 2 stalks green onion.
7. Cook 2 mixed egg yolk in skillet med heat, cool on cutting board.
8. Stir fry the sliced beef at med high heat to your preference. Add to bowl with noodles & spinach.
9. Continue stir fry shiitake mushroom for 2-3 min, add to same bowl. Repeat for onions and green onions for 2-3 min, add pinch of salt for taste. Same steps for red bell peppers and carrots.
10. Roll up the cooled egg yolk and slice into strips, then add to the mixing bowl. Mix all ingredients in the bowl, add toasted sesame on top, then serve. Enjoy!

Words of the Week

Korean

만나서 반갑습니다

Mannaseo Bangabseubnida (Nice To Meet You)

Thai

ขอบคุณ

Khxbkhun [Khap Koon] (Thank You)

Did You Know?

Not All Pacific Islands Are Warm Tropics. There are some areas of New Zealand's South Island that has below-freezing temperatures and snow. One of the reasons New Zealand was selected to film the *Lord of the Rings* trilogy.

Fun Fact

Marvel Studios star Simu Liu is a fan of basketball, crochet, and anime. He has also been a stunt double as well as a stock image model.



Tatchakorn Yeerum aka Tony Jaa

Tatchakorn Yeerum grew up watching Bruce Lee, Jackie Chan, and Jet Li films. They inspired him to learn the beauty of martial arts. He is from a rural area in Surin Province, Thailand, and is of Kuy descent. For 14 years, he worked as a Muay Thai stuntman. His break-out role, as leading man, in *Ong-Bak: Muay Thai Warrior* solidified his place in the martial arts world. He performed all his stunts without mechanical assistance or computer-generated effects. It showcased his style of extreme acrobatics and speedy, dance-like moves. The movie advanced his career, as it led to *Ong Bak 2 and 3* along with *The Protector*. He has since starred in other films and movies. He is an actor, martial artist, choreographer, stuntman, director, and traceur.

Mentoring Town Hall Event / May 31, 2022/ 1300

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<https://www.zoomgov.com/j/1608383213?pwd=UXk5WDh5a3A5UGluK0dWR1g2L1Vqdz09>

Check out our final issue on May 27, 2022